

## BREAKFAST

**BACON BAP** £2.00  
(KETCHUP / BROWN SAUCE)  
(FLORA / NO FLORA)

**SAUSAGE BAP** £2.00  
(KETCHUP / BROWN SAUCE)  
(FLORA / NO FLORA)

**VEGGIE SAUSAGE BAP VG** £2.00  
(KETCHUP / BROWN SAUCE)  
(FLORA / NO FLORA)

**MEAL DEAL** £2.50  
CHOOSE ANY BREAKFAST BAP  
ADD ANY HOT DRINK OR  
BRITVIC JUICE

**TOASTED SOURDOUGH V** £2.75  
WITH TWO POACHED EGGS  
(FLORA / NO FLORA)

**TOASTED SOURDOUGH** £2.75  
WITH SCRAMBLED EGG & SPINACH  
(FLORA / NO FLORA)

**TOASTED SOURDOUGH** £2.75  
WITH ONE POACHED EGG AND BACON  
(FLORA / NO FLORA)

**TOASTED SOURDOUGH VG** £2.75  
WITH SMASHED AVOCADO AND  
TOASTED SEEDS  
(FLORA / NO FLORA)

**2 SLICES OF TOASTED  
SOURDOUGH** £1.75  
(FLORA / NO FLORA)

**ADD**  
SMOKED SALMON / BACON £1.00

**ADD**  
POACHED EGG / MUSHROOMS  
AND ROASTED TOMATO 50p

## SANDWICHES

**PRE MADE SANDWICHES** £2.25  
AVAILABLE AT THE COUNTER

**MEAL DEAL** £3.50  
CHOOSE A PRE MADE SANDWICH,  
DRINK OR SNACK  
SNACKS INCLUDE CRISPS / SKIN ON FRIES /  
FRUIT / TUNNOCKS WAFER / ALPRO YOGHURT

**MAKE YOUR OWN SANDWICH**  
CHOOSE FROM: OATMEAL BREAD,  
LINSEED AND CHAI WRAP OR  
GLUTEN FREE BREAD

**FILLINGS** ONE £2.25 / TWO £3.00

BACON  
ROAST BEEF  
CREAMY BRIE  
CHICKEN MAYONNAISE  
FREE-RANGE EGG MAYONNAISE V  
FALAFEL AND HUMMUS VG  
GRILLED HALLOUMI V  
MATURE CHEDDAR V  
ROAST HAM  
TUNA MAYONNAISE  
SMASHED AVOCADO AND TOASTED SEEDS VG  
SCOTTISH SMOKED SALMON  
VEGGIE SAUSAGE VG  
CREAM CHEESE V

**ADD (INCLUDED IN THE PRICE)**  
CUCUMBER / MIXED LEAF / RED ONION / RED  
PEPPER / SPINACH / TOMATO

**ADD (INCLUDED IN THE PRICE)**  
BBQ / BLACK PEPPER MAYO / CAESAR /  
MAYO / MUSTARD MAYO / PESTO /  
SALAD CREAM / SRIRACHA MAYO / SALSA /  
SANDWICH PICKLE / CRANBERRY SAUCE /  
HORSERADISH MAYO

## SOUP

**SPICY RED PEPPER AND PLUM  
TOMATO SOUP (VG, GF)** £1.50

**ADD**  
BREAD ROLL / GLUTEN FREE ROLL 50p

**GLUTEN FREE BREAD AVAILABLE FOR SELECTED  
BREAKFAST AND SANDWICH OPTIONS.**

## SALADS

**AVOCADO, SPINACH AND  
VEGETABLE QUINOA SALAD VG** £4.50  
WITH CRISP LEAF, CHERRY TOMATOES,  
CUCUMBER AND LEMON DRESSING

**CAESAR SALAD** £4.50  
**ADD SOUTHERN FRIED  
CHICKEN BREAST** £2.00  
COS LETTUCE, GRATED PARMESAN,  
ANCHOVIES, BACON, CROUTONS AND  
CAESAR DRESSING

**CHAR SUI PORK** £4.50  
**NOODLE SALAD**  
CRISPY VEGETABLES WITH HOI SIN AND  
PLUM DRESSING

**GREEK SALAD V** £4.50  
FETA CHEESE, MIXED LEAF, CHERRY  
TOMATOES, CUCUMBER, PEPPERS,  
OLIVES WITH HOMEMADE PESTO

**TUNA NIÇOISE SALAD** £4.50  
NEW POTATOES, CHERRY TOMATOES,  
GREEN BEANS, ANCHOVIES, OLIVES,  
MIXED LEAF, BOILED EGG AND  
LEMON DRESSING

**MAKE YOUR OWN SALAD** £2.50  
**BASE**  
MIXED LEAF / TOMATOES / CUCUMBER /  
MIXED PEPPERS

**ADD (INCLUDED IN THE PRICE)**  
GREEN BEANS / NEW POTATOES /  
OLIVES / CROUTONS / QUINOA /  
TOASTED SEEDS

**ADD (INCLUDED IN THE PRICE)**  
PESTO / CAESAR / LEMON DRESSING /  
OLIVE OIL / BALSAMIC

**ADD**  
SOUTHERN FRIED CHICKEN  
BREAST / AVOCADO / TUNA /  
SMOKED SALMON £2.00

FETA / BACON / ANCHOVIES £1.00

## BURGERS SERVED ON A SESAME SEEDED BUN

**100% PRIME BEEF** £4.00

**FALAFEL AND SPINACH WITH  
HUMMUS VG** £4.00

**SOUTHERN FRIED CHICKEN BREAST** £4.00

**PANKO HALLOUMI V** £4.00

**ADD**  
CHEESE / BACON 50p

**GO DOUBLE ON ANY BURGER** £2.00

**ADD (INCLUDED IN THE PRICE)**  
SHREDDED LETTUCE / SLICED TOMATO /  
GHERKIN / JALAPENO / MUSHROOMS /  
GRILLED ONIONS

**ADD (INCLUDED IN THE PRICE)**  
SALSA / MAYO / BBQ / KETCHUP / MILD  
MUSTARD / SRIRACHA MAYO / GARLIC AND  
HERB MAYO / PESTO / SWEET CHILLI

**ADD**  
SKIN ON FRIES / HOUSE SALAD £1.00  
SKIN ON FRIES - CAJUN SPICED / £1.30  
SKIN ON FRIES CHINESE STYLE -  
SALT AND PEPPER

## SIDES

**SKIN ON FRIES - PLAIN AND SIMPLE** £1.30

**SKIN ON FRIES - CAJUN SPICED** £1.60

**SKIN ON FRIES - CHINESE STYLE  
SALT AND PEPPER** £1.60

**ADD (INCLUDED IN THE PRICE)**  
SALSA / MAYO / BBQ / KETCHUP / MILD  
MUSTARD / SRIRACHA MAYO / GARLIC AND  
HERB MAYO / PESTO / SWEET CHILLI

**ADD**  
NACHO CHEESE SAUCE 50p

## ALLERGEN ADVICE

All our food is produced in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance please let your server know before ordering. Some of our dishes can be adjusted for the following dietary requirements: vegan, dairy free and gluten free - please speak to your server for more information. Full allergen details are available upon request.

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